

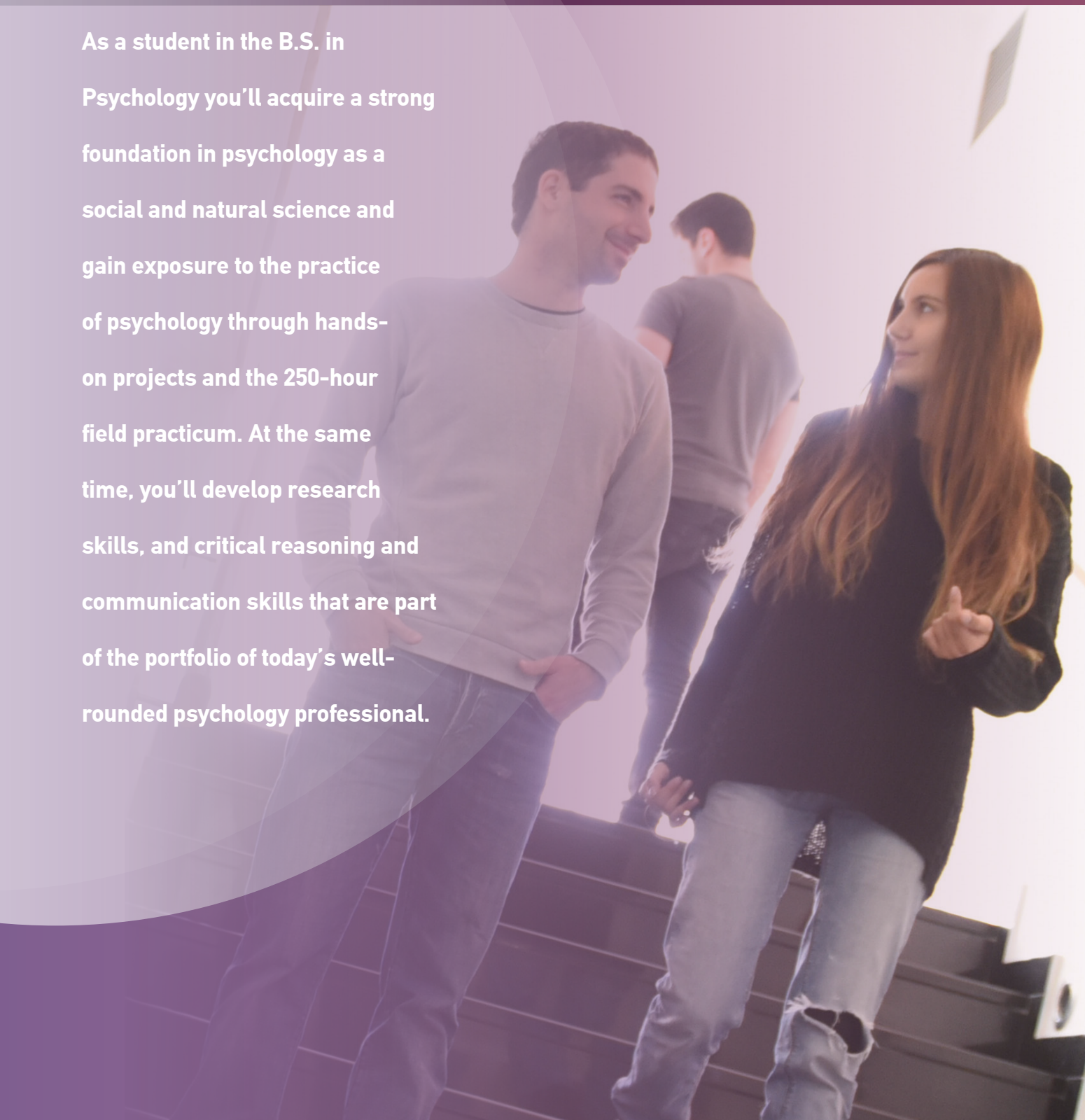


# **B.S. in Psychology**

An engaging combination  
of theory, experimental  
application and  
experiential learning

# A GLANCE

As a student in the B.S. in Psychology you'll acquire a strong foundation in psychology as a social and natural science and gain exposure to the practice of psychology through hands-on projects and the 250-hour field practicum. At the same time, you'll develop research skills, and critical reasoning and communication skills that are part of the portfolio of today's well-rounded psychology professional.





# The Program at a Glance

**Duration**  
4 years full-time

**Language**  
English

**Courses**  
40 + Thesis

**Delivery Mode**  
On-site

## Strengths of the Program

Become part of a caring community of students, dedicated teachers and expert practitioners

- |                                  |  |
|----------------------------------|--|
| <b>Mentoring</b>                 | With your faculty mentor and small-sized classes, you'll receive individual attention to your needs and the opportunities to develop your talents and strengths.   |
| <b>Internships</b>               | Gain exposure to psychology in practice through a 250-hour internship at a mental health clinic, school, social agency or other applied setting.   |
| <b>Top Faculty</b>               | You'll be taught by a top team of internationally educated psychologists, researchers and licensed practitioners with extensive local and international clinical experience.   |
| <b>Practical Learning</b>        | Team projects and supervised field placements and community volunteer opportunities will give you practical experience and develop your ability to interact effectively and sensitively with people from diverse backgrounds.                                  |
| <b>Interdisciplinary Options</b> | Combine your studies in Psychology with a minor in Business to develop a career in human resources or consumer behavior research. Or expand your portfolio of English teaching skills with courses in teaching children with dyslexia and attention disorders. |
| <b>Well-Rounded Education</b>    | The program provides a well-rounded education in which you not only acquire professional skills but also heighten your self-awareness and expand your personal and intellectual horizons.  |



## Financial Aid & Scholarships

Hellenic American University admits students on the basis of academic promise and not on their ability to pay.

We provide guaranteed scholarship aid to students with demonstrated financial need.

89% of our incoming students received some sort of financial assistance in the 2023-24 academic year.

For more information on our financial aid program, contact an Admissions officer at the College.

## Admission Requirements

Minimum requirements for admission to the B.S. in Psychology program are:

- High school diploma from an accredited high school or foreign secondary school equivalent;
- Evidence of English Language proficiency;
- A personal essay, submitted as part of the application form, and an interview with a member of the Admissions Committee.

## The Vision of the Program's Director on the BSPSY



**Dr. Lindy Sannie McMullin**  
Associate Professor

Our program has been so designed to give you a thorough foundation in Psychology. Our teaching methods use both experiential and practical components which are essential for anyone who wishes to become a psychologist. My vision is for you to be part of a research based empirical study of clinical psychology, but also to gain the insight and expertise required to treat clients holistically.

# Overview of the B.S. in Psychology Program

In addition to courses in General Education, you'll take a set of required core courses in your major along with several Psychology electives in your area of interest. Toward the end of the program, you'll also do a Capstone Project, where you'll conduct, write up and present a small-scale, empirical research project (e.g., a survey, a field observation, or an experiment).



## Required Courses in the Major:

- Human Neurobiology
- History of Psychology
- Research Methods and Statistics I
- Developmental Psychology I
- Developmental Psychology II
- Social Psychology I
- Social Psychology II
- Research Methods and Statistics II
- The Biological Bases of Behavior
- Psychopathology
- Ethics in Psychology
- Cognitive Psychology I
- Cognitive Psychology II
- Psychology of Personality
- Experimental Psychology and Capstone Research
- Internship
- Capstone Project

## Electives in the Major [Choose 4]

- School Psychology and Learning Disabilities
- Forensic Psychology
- Psychometrics: Testing and Assessment
- Clinical Psychology and Counseling Skills
- Cross-Cultural Psychology
- Health Psychology
- Developmental Psychopathology
- Neuropsychology
- Attitudes, Values and Behavior Modification
- Psychology of Addictions

# What Students and Graduates Are Saying About the Program



When I started my studies at Hellenic American College, I was really anxious about how I was going to achieve my goals. I kept wondering those first days, "Am I going to like the courses? Will I fit into the college environment? What will my professors be like?" And now, several years later, I have completed both my BS in Psychology as well as my MS in Clinical Psychology. During this time, I've learned a lot, made friends for life and participated in all sorts of volunteer work and projects. Plus, I've met some remarkable instructors! I also feel very lucky and proud to be a part of the Hellenic American College staff, as I am surrounded with excellent coworkers-friends. My college years have been full of beautiful and challenging moments.

**Bertina Stampoliou, BSPsy '20, MSPsy '23**  
*Academic Affairs Administrator for Hellenic American College*



With the help of Hellenic American University's exceptional instructors, I became an active volunteer in several non-governmental organizations in Athens, and I have been lucky enough to serve populations in need, such as teaching Greek and English to unaccompanied refugee minors. And through an internship provided in the Bachelor of Psychology Program, I was able to serve as an ambassador for US students.

**Andreas Lyros, BSPsy '20 and 2019**  
*Newman Civic Fellow*



### Accreditation

Hellenic American University is accredited by the New England Commission of Higher Education (NECHE), which the U.S. Department of Education recognizes as "a reliable authority on the quality of education for the institutions it accredits".

### Professional Equivalence

The Greek State has granted recognition of professional equivalence of Hellenic American University degrees earned by graduates of Hellenic American College.

### Professional License

Graduates of the Hellenic American University BSPsy program who have received recognition of professional equivalence have applied for and received a license of professional practice as psychologists.

# Accreditation & Degree Recognition

## Career Paths

The majority of our graduates are employed or engaged in further study. More than 75% of our B.S. in Psychology alumni are currently employed or self-employed\*. Our students have found work in a range of professions such as:

- Psychologists
- Mental health counsellors
- Teachers and special education personnel
- HR specialists, sales personnel and professional writers.

Other career options for BSPsy alumni include positions as Student Affairs officers, focus group facilitators, interviewers, community service workers and NGO staff.

\*Figures relate to the 72% of alumni for whom data is available from the 2022 Hellenic American College Alumni Employment Survey.


# CAREER PATHS




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Hellenic American College has signed a cooperation agreement with Hellenic American University (New Hampshire, USA) that enables the College to offer the University's undergraduate and graduate degree programs at its facilities in Athens. Upon successful completion of their studies and the fulfillment of all degree requirements as specified in the relevant University Catalog, participants in these degree programs are granted a degree directly from Hellenic American University.



Hellenic American University is accredited by the New England Commission of Higher Education (NECHE).

Hellenic American University's degree programs are regulated, approved, and regularly monitored by the New Hampshire Department of Education, Division of Higher Education – Higher Education Commission.

Hellenic American College and Hellenic American University do not discriminate on the basis of race, color, national and ethnic origin, gender, sexual orientation, age, religion, physical disability, or veteran status in the administration of their educational policies, admissions policies, scholarship and loan programs, and athletic or other school-administered programs.

